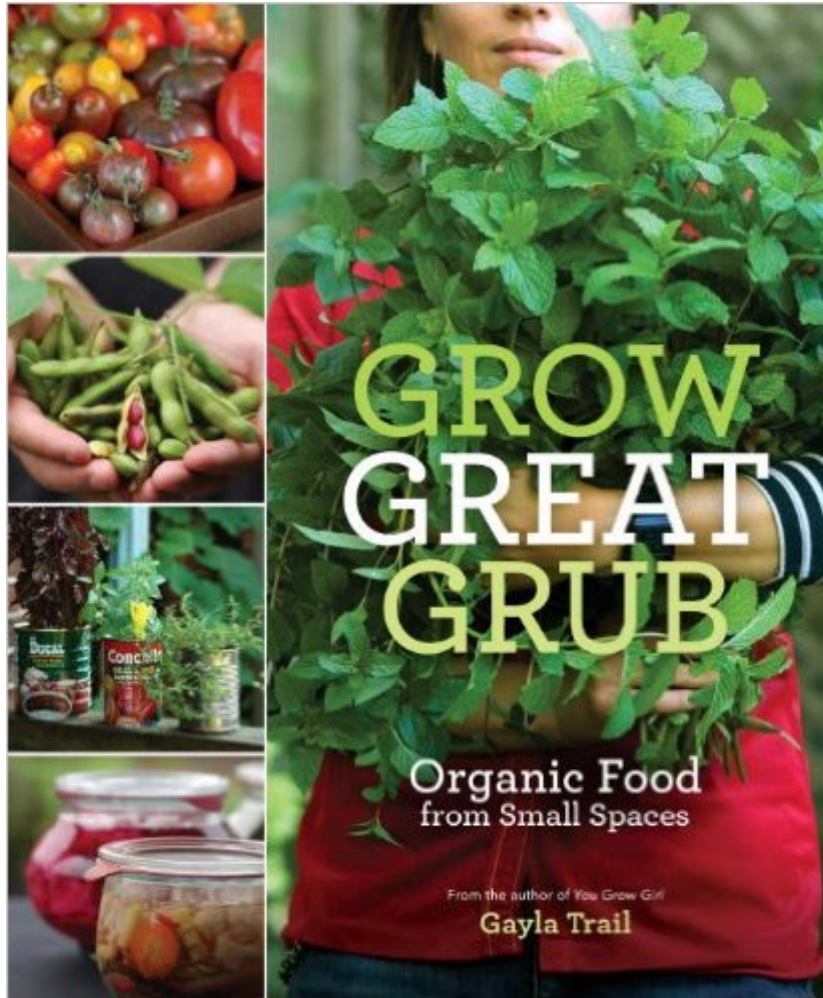


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# Grow Great Grub: Organic Food From Small Spaces



## Synopsis

Your patio, balcony, rooftop, front stoop, boulevard, windowsill, planter box, or fire escape is a potential fresh food garden waiting to happen. In *Grow Great Grub*, Gayla Trail, the founder of the leading online gardening community (YouGrowGirl.com), shows you how to grow your own delicious, affordable, organic edibles virtually anywhere.

*Grow Great Grub* packs in tips and essential information about:

- Choosing a location and making the most of your soil (even if it's less than perfect)-
- Building a raised bed, compost bin, and self-watering container using recycled materials-
- Keeping pests and diseases away from your plants the toxin-free way-
- Growing bountiful crops in pots and selecting the best heirloom varieties-
- Cultivating hundreds of plants, from blueberries to Thai basil, to the best tomatoes you'll ever taste -
- Canning, and preserving to make the most of your garden's generosity -
- Green-friendly, cost-saving, growing, and building projects that are smart and stylish-

And much more!

Whether you're looking to eat on a budget or simply experience the pleasure of picking tonight's meal from right outside your door, this is the must-have book for small-space gardeners—no backyard required.

GAYLA TRAIL is the creator of the acclaimed top gardening website [yougrowgirl.com](http://yougrowgirl.com). Her work as a writer and photographer has appeared in publications including *The New York Times*, *Newsweek*, *Budget Living*, and *ReadyMade*. A resident of Toronto who has grown a garden on her rooftop for more than 10 years, she is the author of *You Grow Girl: The Groundbreaking Guide to Gardening*.

## Book Information

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## Customer Reviews

I bought "Grow Great Grub" because I got so much out of "You Grow Girl". I really didn't see how the author could come up with that much excellent material again, but she did. You probably should stop reading and just buy the book. The quality is excellent. Photographs are beautiful. The book is easy to read and doesn't waste time. Well done! Pictures of what vegetables are supposed to look like always help. I'm always turning to my neighbor and asking, "Did I plant that or is it a weed?" Usually the neighbor says it's a weed, but I'm never sure. The text covers harvesting, drying, preserving, and storing, only one of which I want to do, harvesting, but the other topics are beautifully covered for those who are ready. I'm pushing my luck just to grow and harvest a plant from seed. Maybe next year I'll preserve and store. She lists plants that grow well in depleted soil, shady or very hot spots and makes coverage interesting on topics of nutrients, fertilizers, containers, pests, building self-watering planter boxes cheaper than buying, a great idea. I learned about heat-loving spinach I was already growing, but had no idea what it needed! Lists of recommended varieties of vegetables and those that work well in containers are especially helpful. Now I know when to harvest vegetables, something that always baffled me, including when to dig up onions, when to stop watering, and hang them to cure, and when my radishes were ready to harvest, unfortunately I didn't learn that in time for the current crop, how radishes can be used as a pest repellent for squash, that carrots are slow to germinate but ready to eat at any size, and when potatoes are ready to harvest. I had been about to pull mine out to check. I'm glad I didn't.

I've spent years killing plants until getting *Grow Great Grub: Organic Food from Small Spaces* a few months ago, which finally revealed: -why the rosemary survived but did not grow (too small a pot) -why the basil died (unrelenting exposure to wind) -why the thyme survived where the basil did not (the thyme is drought resistant and didn't care that I'd ridiculously put all my herbs in a tiny coir-lined window basket on a wind-whipped second story balcony) -why the mint rotted (mints like to "stay wet" I'd been told by other books. Apparently not that wet, and only the soil not the leaves.. Excessively wet + poor air circulation = rot) -how all of them could have benefited from mulch (did not occur to me to mulch pots) -a clear metaphor to understand and see how often any plant needs water -how to make simple plant foods -and on and on! It also explained terms I had seen thrown around in several gardening books, like the warning to not let your plants "bolt" (which at the time I could only imagine involved my herbs running away to a more competent home). If years of looking at those unhelpful charts so common in other books, describing the exact conditions favored by each plant (type of soil, pH, full sun vs partial shade, etc) have led you to believe that each plant can

only be grown in its own meticulously placed test tube, this is just the book to coax you out of that hopeless paradigm. And I spent maybe a decade thinking "partial shade" meant some kind of sparse, broken shade, like under a tree, when it turns out the "partial" refers to time; 4-6 hours of direct sun per day compared to 8 hours of direct sun per day for "full sun.

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Growing Vegetables: (Mini Farming Self-Sufficiency ... farming, How to build a chicken coop,)

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